

Cold Weather Clothing

- Long-sleeved shirt*
- Long pants*
- Sweater*
- Long underwear*
- Hiking boots or sturdy shoes
- Socks
- Insulated parka or coat with hood
- Warm hat*
- Mittens*
- Extra underwear (for longer trips)

Items marked with an asterisk [*] should be made of wool or a warm synthetic fabric.